

**COURSE: FS003**

#### SPONSOR

Peter Solmoši

#### LECTURER

Peter Solmoši

#### LANGUAGE

EN RU SK

#### DURATION (TIME)

45 min.

#### PLACE

HST room

#### DIFFICULTY



EduProSport  
Marie Curie Skłodowskiej 1/A  
851 04 Bratislava  
info@eduprosport.com  
www.eduprosport.com  
+421 907 959 888

# Instructor, Shooter, Peripheral Navigation

## AFTER COMPLETING THIS COURSE, YOU WILL BE ABLE TO

Use the Instructor program and its basic functional units, set program parameters. We will teach you to work with a list of exercises, exercise selection, use templates and play exercises. You will learn to use the Peripheral Navigation & Shooter, and set your own training model.

## COURSE OUTLINE

- Start the program
- Basic operations with touch screen
- Exercises selections
- Creation of own training models
- Filtering the difficulties
- Description of exercises
- Working with Instructor, Shooter, Peripheral Navigation
- Selection of training models for Instructor, Shooter, Peripheral Navigation

## WHO THE COURSE IS FOR

Coaches in hockey centers which owns skating treadmill.

## REQUIRED SKILLS

Basic computer skills.

## LINK TO PRODUCT DETAIL

[/www.hockeydts.com/hockey-training-facilities](http://www.hockeydts.com/hockey-training-facilities)

## LINK TO COURSE DETAIL

[www.eduprosport.com/en/course/FS003](http://www.eduprosport.com/en/course/FS003)